



www.rockvillemarketfarm.net

News from the Farm

May 21, 2010

In this newsletter:

Logistics:

- * Vegetable CSA pick-up info
- * Meat share schedule

This Week on the Farm

We had a minor set back last week with some very cold nights, but overall it has been a very good planting spring. We look around the farm and compare it to where we were last year at this time and it seems like an entirely different operation. We're busy seeding, transplanting, selling bedding plants and doing a little bit of early season harvesting. The animal side of the operation is new to us so it's slightly more challenging, but that's what keeps things exciting. A new batch of piglets arrives this week; our flock of 500 laying hens are settling in to their new idyllic lifestyle; and we are putting together a plan of action for more than 2000 meat birds that will start arriving in early June. Looking forward to the first pick-ups!!



tomato blossoms



kale under remay row cover

Burlington Farmer's Market

Come see us and our friends from area farms at the **Burlington Farmer's Market** in **City Hall Park – Saturdays 8:30 AM – 2:00 PM**

Vegetable CSA

First pick-up is on Wednesday, June 9th.

***Pick-Up Times – Wednesdays** (except Starksboro pick-up):*

- * *Healthy Living Natural Foods: 3:30 PM – 5:30 PM*
- * *Orchard's (8 Scotsdale Rd, So. Burlington): 3:15 PM-6:00 PM*
- * *Butler Farms (1406 Hinesburg Rd, So. Burlington): 3:15 PM-6:00 PM*
- * *VT National (37 Tabor Place, So. Burlington): 3:15 PM-6:00 PM*
- * *Pine Street (Bristol): 4:00 PM – 6:00 PM*
- * *Rockville Market Farm (Starksboro) **Thursdays**: 3:00-6:00 PM*

Multi-Species Meat Shares

Your share will be available at your selected location during the vegetable CSA hours printed above. You can expect half of your monthly meat share to be staples, such as whole chicken, sausage, and hamburger; the other half will be higher end cuts such as bacon, roast, and chops etc. Depending on our butchering cycle, some boxes will be well balanced while other months will be heavy on one or two species.

Pick-up dates:

July 14th: pork and beef

August 11th: chicken, pork and beef

September 15th: chicken, pork and beef

October 13th: lamb, chicken, pork and beef

Pork Shares

10, 20, and 30 lb. shares of mixed cuts. We mix the cuts but try to represent a whole pig. For example a whole pig yields 12 lbs. of bacon so a 30 lb. share would receive four pounds of bacon, ditto ham steaks, chops, etc.

Pick-up date:

We will have the pork shares throughout the season. Please contact the farm to arrange pick-up of your share. We are happy to coordinate with a Wednesday vegetable pick-up for your convenience.

Chicken Shares

Your 5 chickens will come fresh in cryovac for optimal freezer storage or can be prepared right away. If you have never eaten pasture-raised chicken, you are in for a treat!

Pick-up date:

Wednesday, August 11th



**205 Cemetery Road
Starksboro, VT 05487
802-355-0039
www.rockvillemarketfarm.net**

Share the Harvest!!!



Eric, Keenann and Will



Radish seedlings



"Poultry in motion"